



QMS SKINCARE POP-UP SPA AT LIBERTY, LONDON

11 Dec 2015

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If you're tired of Christmas shopping and longing to be pampered, hotfoot it to the !QMS Skincare Spa pop up in Liberty, London.

The treatment rooms are on the first floor, a hidden world (think The Lion, the Witch and the Wardrobe) behind a door at the rear of the shoe department. Boasting a gently clinical vibe and classical music, the rooms are simple and white-on-white – with white-clad therapists who look after you beautifully. (A hand and shoulder massage comes with the facial.)



The plastic surgeon/dermatologist Dr Erich Schulte is the brains behind the brand. Even the products are known as “the doctor in your bathroom” – and are especially designed to stimulate the body’s own collagen production. I’m a firm fan of the !QMS Cellular Marine (stem cell line eraser) – an anti-aging face cream with sea fennel stem cells. It’s thick but light and easily absorbed.

There’s a line-up of five facials on offer in Liberty. Have an age-defying Pure Oxygen Treatment facial – it includes a tingly fruit acid exfoliant fluid to remove dead cells followed by a gloopy, cold algae mask that also goes over the mouth and eyes (this is when you don’t want the fire alarm to go off) to remove impurities and cool the skin after the exfoliation and steam. Then there’s collagen serum followed by pure oxygen (administered in a machine like an air brush) to help the skin cell metabolism, circulation and push the collagen deep into the epidermis. And, finally, a gauze-like activator mask – like sleep in a bottle.



It all has a brightening effect. I leave looking fresher, more radiant and better moisturised than ever. Ready to shop until I drop.

An 80-minute Pure Oxygen Treatment facial costs £100. To book your !QMS Facial you can either go online, e-mail or call them on the details below.

The Details

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Photographs courtesy of !QMS Skincare



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