

Seven can't-live-without beauty products



Keep cool as a cucumber about your looks (with a little helping hand). Photo by Corbis

Luxury brands expert Caroline Phillips reveals seven lifesavers for 50-plus skin that she's never without

8 June 2014 by Caroline Phillips

 Share



Temple Spa Skin Truffle

This moisturiser is a Beauty Bible Anti-Ageing Award winner, and with good reason, not just because it has gold, truffles and diamonds in it. They're not a gimmick: the first two are antioxidants and the diamonds give skin a glow. The champagne extract it also contains is a skin humidifier. Dabbing yourself with its phyto-endorphin complex is akin to smiling, and it helps the skin heal (hence its 'Happiness in a jar' moniker). This cream genuinely gives instant radiance and brightens the complexion. I promise.

[Temple Spa Skin Truffle](#), £85 for 50ml.

Dr Hauschka's Regenerating Eye Cream



This eye cream is one of my 'old friends'. It slips on as smoothly as a silk negligee and it does the biz. It gives the sensitive skin around the eyes the sort of TLC it needs as we reach our second half – and, thankfully at that price, you need only a little. It's easily absorbed and hydrates the eye area; you can virtually feel the skin drinking it up. It contains a ton of plant-based ingredients including jojoba seed oil, to improve skin's elasticity and retain moisture, and Acerola Fruit Extract, a natural antioxidant.

[Dr Hauschka's Regenerating Eye Cream](#), £50 for 15ml.



Anne Semonin Oligoanne Serum

I'm never without this magic green liquid from the 'haute couture' niche spa and beauty brand. The potion is recommended to deal with the effects of pollution and smoking on the skin. Just a few drops on your face leaves it glowing the next day. Think of it as bottled oxygen (but not as cheap).

[Anne Semonin Oligoanne Serum](#), £96 for 30ml.



GINGER
Beauty treatment ideas



BEAUTY TIPS
Keep those wrinkles at bay



TAKING CARE OF YOUR MENTAL HEALTH
Ways to support your mental health in later life



BEST MED BOAT CHARTERS
Free transfers with these boat charters. Never sailed? No ...



We've tried it all from collagen to retinol and many of us ...



KEEP COOL
Best summer make-up: the definitive guide to heat-resistant ...





StriVectin Intensive Concentrate for Stretch Marks & Wrinkles

StriVectin is the Holy Grail of wrinkle-free-ish skin. It was originally formulated for stretch marks, until some biddy slathered the wrong part of her body and eureka! Until recently it was only sold at swanky places such as Harvey Nicks and Selfridges but now... drum roll... they're doing a two-pack at Costco wholesalers. (If you haven't got a mate who's a member of Costco, get one. Or start a business yourself, just to qualify.) Two big 100ml tubes that would easily last a year, and even cheaper than buying it in the States. Think wrinkle-fighting heroes. Power lift. Youth patrol. Yeah, buddy. [StriVectin Intensive Concentrate for Stretch Marks & Wrinkles](#), £120 for 150ml from Selfridges.



If you're over 40, you really should be using a face oil



How to do perfect make-up if you're the mother of the bride



This Works No Wrinkles Wonder Essence

For those who want their beauty administered in just a couple of drops a day, try the new No Wrinkles Wonder Essence, a fast-penetrating water treatment. It's not a moisturizer, serum, exfoliator or toner, but a bit of all of these, and hence dubbed the 'beautician in a bottle'. It zaps skin discolouration, wrinkles and oversized pores. In reality, though, it's another step to add to your beauty routine. One step too many? You decide. [This Works No Wrinkles Wonder Essence](#), £30 for 60ml.



Vaishaly Cleansing Balm

This cleanser for dry/sensitive skin was dubbed one of the top 50 beauty products of all time by the Sunday Telegraph. I disagree; it's in my top 20. It glides on to the skin when you gently massage it in, then rinse off. Leaves your *visage* silky, clean, and geranium/chamomile scented. [Vaishaly Cleansing Balm](#), £69 for 150ml.



Bioderma Sensibio H2O Micelle Solution

While you're saving for Vaishaly's heaven-in-a-pump, buy a great big bottle of Bioderma Micelle Solution. What with Amazon, these days you don't even need to head for a French pharmacy to get it. It gently cleanses and removes water-resistant make-up and is one of the best and cheapest make-up removers you'll find. It's what *les modelles* use between shows during the fashion weeks, quickly removing multi-layers of gloop. Buy a half-litre: it's a snip.

[Bioderma Sensibio H2O Micelle Solution](#), £15 for 500 ml.



MARY GREENWELL



BOBBI BROWN



BEAUTY TIPS