Sukotai, Bangkok Although Sukotai is surrounded by the high-rise

buildings of Bangkok, one of the noisiest and most traffic-choked cities in the world, the 210-room hotel is an exercise in Zen. It's also that rare thing - a resort hotel in the centre of the city. It boasts a stonking six-acre landscaped garden full of Eastern promise, water features, bougainvillaea and even an Olympic-sized pool. The decor's stylish contemporary Thai, with a Buddhain-the-city vibe. But the devil's in the (techie) detail, which is more Silicone Valley than Siam. Bedrooms come with natty boxes of 10 adaptor sockets to fit iAnything; and the restaurants give you iPads with slide shows of the food and Iron Age printed menus. The exotic Celadon restaurant's dishes come with 'rice paddy herbs', 'pandanus leaves' and 'garden chillies'. Then there's La Scala, a European eaterie with a visiting roster of Michelin chefs. Everywhere, staff glide by with hands clasped in gestures of sawasdeeka greeting. Go for the hotel's impeccable servicewith-a-Gulf-of-Siam-sized smile and for its convenience. Go for the power of calm.

DOUBLES FROM £265

0845 269 1152; quintessentiallytravel.com

Raffles, Dubai
Dubai is a city of superlatives.
A visit here can tick off the highest building in the world (burj Kalifa), the most expensive hotel in

the world (burj al Arab), the fastest lift in the world (Kalifa again) and the biggest shopping mall in the world... And, oooh, the shopping. Pack your high heels and head to this glittering Arabian city which offers everything you could possibly need for a sexy shopping weekend away. Get glitzy at the pyramid-shaped Raffles hotel with its groovy red cocktail bar and slick nightclub (awesome views over the city) and book a personal shopping appointment with Dubai's answer to Carrie Bradshaw, Kelly Lundberg (divine. ae). This blonde bombshell will whisk you (in air-conditioned style) from one fab boutique to another, whether it's Louboutin or Lanvin you're after. Shopped out, return to Raffles for the fashionista tea (sugary mini handbags and iced stilettos - how divine!), then ask your personal butler to draw you a rose petal bath in your suite. Dress up to the nines in your new designer threads and head to the just-opened Ivy restaurant to celebrate. Perfect.

PACKAGES FROM British Airways offer three nights at the five-star Raffles Dubai from £759 per person for travel in November. 0844 4930758; ba.com/dubai

