

The SCOOP

Natural or not, the choice is yours, says *Caroline Phillips*

THE BEES' KNEES

From the wild acres of the remote northern tip of New Zealand to our bathroom cabinets comes Kaea, a botanical skincare range founded by conservationist and eco-preneur Suzan Craig. The Kaea gel balm cleanser (£79) claims to remove makeup, melt impurities and nourish – and does. But it also proves a gentle exfoliator and mask. It contains UMF 15+ Manuka honey – with its scientifically proven antibacterial and antimicrobial qualities – and, with no added water, it's super concentrated. It's a wonder worker that left my complexion visibly refreshed and silky, and two pimples diminished. She also founded Tahi Manuka honey (£24), which is thick, tangy and butterscotch-y – and packed with nutritional benefits. Suzan has restored 15 wetlands, planted 395,600 indigenous trees, and her bees feed on wild flowers, untouched by pesticides. Buy these products not just because every penny goes back into conservation and community projects, but because the honey's delicious, and the cleanser makes you want to dirty your face – just for an excuse to use it.

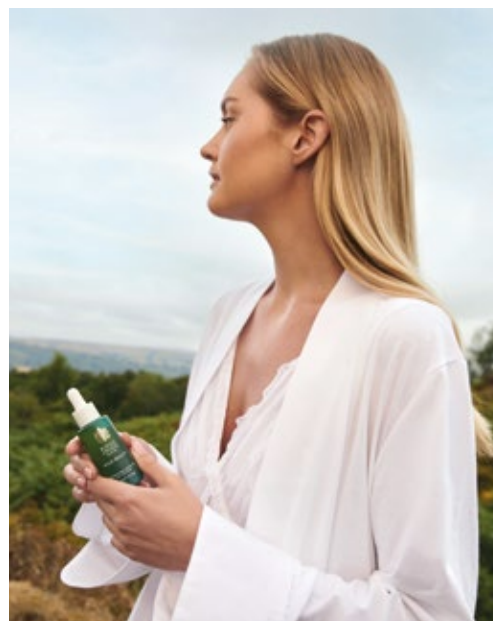
johnbellcroymen.co.uk



INSTANT HAPPINESS

Has the never-ending churn of bad news got you down? Has the turmoil of life, plus one too many G&Ts and the lack of that deep nourishing sleep drawn their tell-tale signs on your face? Well, sometimes natural remedies ain't enough to eradicate the stress, so I have a secret weapon – Dr Uliana Gout. She's just launched her Instant FaceLift, and no, there's not a blade in sight. As a globally renowned clinician and educator within the field of Aesthetic Medicine, Dr Gout makes you look as good as if nature had waved its magic wand. A huge advocate of bio-stimulation i.e. making your skin work hard like it did when you were a teenage to produce collagen – the holy grail of tight, smooth looking skin – her no-downtime treatment combines Radio

Frequency (RF) to lift and tone, followed by a cocktail of goodies including antioxidants, super-moisturising humectants and anti-inflammatory actives delivered with an electroporation pen (which allows delivery of product direct to cells), topped off with healing and LED light to reduce redness and inflammation. Her professional, perfectionist and utterly dedicated passion for her work speaks volumes and you will thank her when you wake up the next day – skin already tighter, brighter and smoother. £850 for 45 mins. london-aesthetic-medicine.com



WILD THING

Wild Beauty is offering an £85 facial redeemable against products with organic ingredients foraged from Lord and Lady Newborough's 12,000-acre, ultra-sustainable Rhug Estate in Wales. The new stars of the range are the Deep Cleansing Balm and the Protecting Facial Oil, the former being chocka with heavenly scented wild berries, roses and geranium and the latter boasts bakuchiol, CBD and hemp (both antioxidants). Working in Fortnum & Mason's snug treatment room, complete with chandelier, therapist Jessica gives a brilliant massage – boosting your lymphatic drainage and plumping your face, naturally. Facial pop-up at Fortnum & Mason, £85. rhugwildbeauty.com

