



IN THE KNOW...

► **In the know:** Overnight breaks and top-to-toe teen treatments plus face and body therapies for adults.

► **Signature treatment:** The Teen Angel Facial.

► **Cost:** £50 per person (minimum two people) for use of the private Aquitaine spa room — including eleveses, light lunch and glass of champagne, tea and pastries, hostess and facilities. Bespoke package of Crystal Facial, Refresher Facial and mini-manicure and pedicure from £250.

► **Verdict:** 8/10

► **Contact:**

www.runnymedehotel.com

The runnymede-on-thames, Egham, UK

by Caroline Phillips

This hotel enjoys a marvellous riverside location at the centre of the children's universe – near Legoland – and thoughtfully the spa also caters for teens. It has great facilities: tennis courts, open-air pool, dance studio, gym, an 18-metre indoor pool, whirlpool bath, sauna, eucalyptus steam room and, best of all, Aquitaine — a private spa room for up to eight people with an adjoining double-treatment room.

It has something of the first-class lounge about it, with its massage chair, L-shaped sofa, manicure station, enormous flatscreen and kitchenette with fruit and teas. Our hostess Jenna was welcoming and attentive; after lolling in the steam room, we were served a lunch of crab and prawn salad. Then our therapist Rachel gave my daughter, Ella, a Refresher Facial and what the menu dubs 'Teenie Toes' and 'Fab Fingers' — a mini-manicure and pedicure. Ella said she'd never had anything so wonderful. Meanwhile Jenna gave me a Crystal Facial with ESPA products, hot stone massage on my shoulders and cold rose quartz crystal on my face for drainage; my face looked brand-new and glowing afterwards. My daughter was unsure about the double treatment room because I fell asleep and snored! But she did say that "nothing could top" the entire day. >