## Getting the flavour of...

## Ash boarding in Nicaragua

For a country the size of England, Nicaragua has more than its fair share of volcanoes, says Caroline Phillips in The Independent. Indeed, some 19 volcanic cones "run down its spine". Their craters provide a home for parakeets that use the heat to incubate their eggs, while the slopes provide thrilling terrain for "ash boarders". Kitted out in boiler suit, goggles and gloves, you climb through a hot wind and the smell of rotten eggs to the top, then plunge down into a "beautiful new

world". It's similar to snowboarding, except for the "ash in your nose and ears". Journey Latin America (020-3582 8958, www. journeylatinamerica.co.uk) provides tailormade trips to Nicaragua. An eight-day itinerary starts at £2,189pp, including flights.